



Sunday | April 28, 2019 | 8:30 am

## Balance, Bubbles and Brunch

8:30 – CHECK-IN

8:45 – YOGA

10:00 – BRUNCH

### YOGA BRUNCH MENU

#### Cantaloupe & Ginger Cleansing Shot

#### Poached Wild Alaskan Wedge Salad

Organic Boston Bibb Lettuce, Macerated Cherry Tomatoes,  
Pickled Red Onion, Roasted Crimini Mushrooms,  
Pesto Vinaigrette

#### Fresh Berries

Allegretto Honey-Infused Greek Yogurt,  
House made Toasted Muesli,  
Almond and Bittersweet Chocolate Biscotti  
Limoncello Syrup

#### Lavender-Passionfruit Infused Iced Green Tea

Pour - Over Style with Chef's Garden Mint

**\$45 per person**

*Taxes and Gratuity not included.*

Space is extremely limited. Reserve Today:  
805-369-2500 or See the Concierge